



---

# AVAILABLE ENERGY IN TOKAMAKS AND STELLARATORS

Per Helander

Max Planck Institute for Plasma Physics



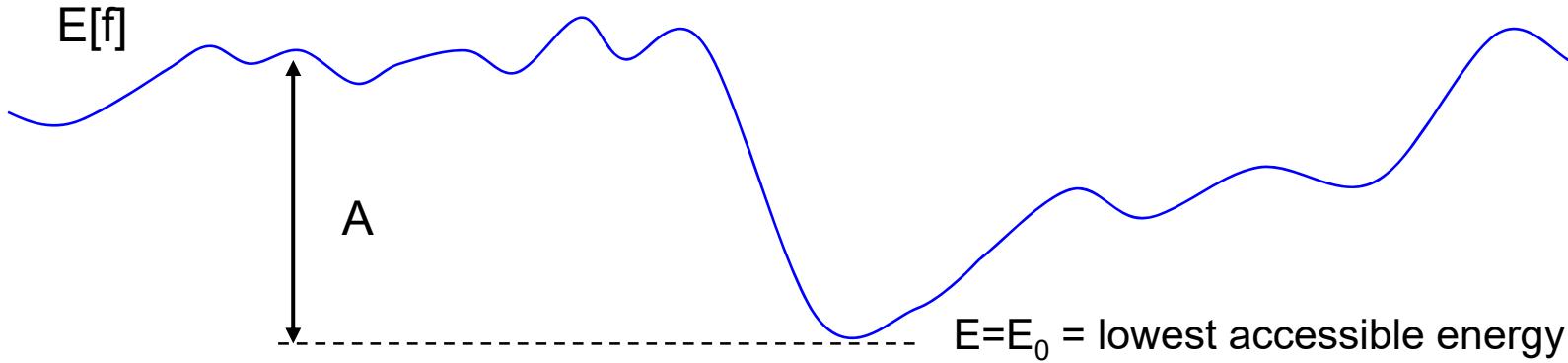
IPP Greifswald



# MOTIVATION

---

- Linear stability calculations
  - require that fluctuations be very small
  - may not say much about the eventual fate of the plasma



- Would it not also be interesting to calculate  $A=E-E_0$ ?
  - the maximum amount of energy that can be extracted



# ENERGY CONSERVATION

---

- Total energy is conserved

$$W = E + \Phi = \text{constant}$$

- For the Vlasov-Poisson system

$$E = \left\langle \sum_a \int \frac{m_a v^2}{2} f_a d\mathbf{v} \right\rangle, \quad \Phi = \left\langle \frac{|\nabla \phi|^2}{8\pi} \right\rangle$$

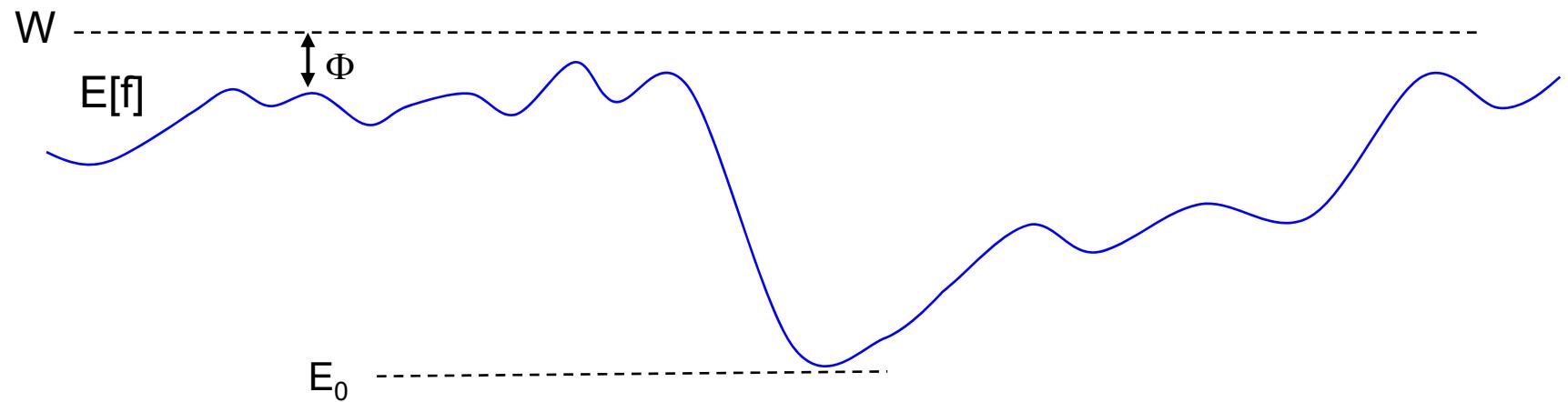
- For collisionless, electrostatic, long-wavelength gyrokinetics

$$E = \sum_a \left\langle 2\pi B \int f_a(\mathbf{R}, \mu, v_{\parallel}) \left( \mu B + \frac{m_a v_{\parallel}^2}{2} \right) d\mu dv_{\parallel} \right\rangle$$

$$\Phi = \left\langle \frac{|\nabla \phi|^2}{8\pi} + \sum_a \frac{m_a n_a}{2} \left| \frac{\mathbf{B} \times \nabla \phi}{B^2} \right|^2 \right\rangle$$



# ENERGY CONSERVATION



- Fluctuation energy  $\Phi$  is bounded by

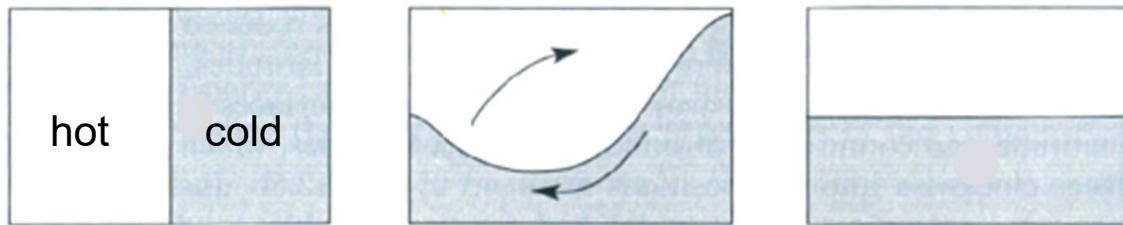
$$\Phi = W - E \leq W - E_0$$

- Ground state nonlinearly stable.



# AVAILABLE POTENTIAL ENERGY

- Consider the atmosphere. How much could its potential energy be lowered by adiabatic redistribution of air?
  - Available potential energy (Lorenz 1955)
  - Usually a few percent





# GROUND STATES OF THE VLASOV EQUATION

- Consider any kinetic equation satisfying Liouville's theorem

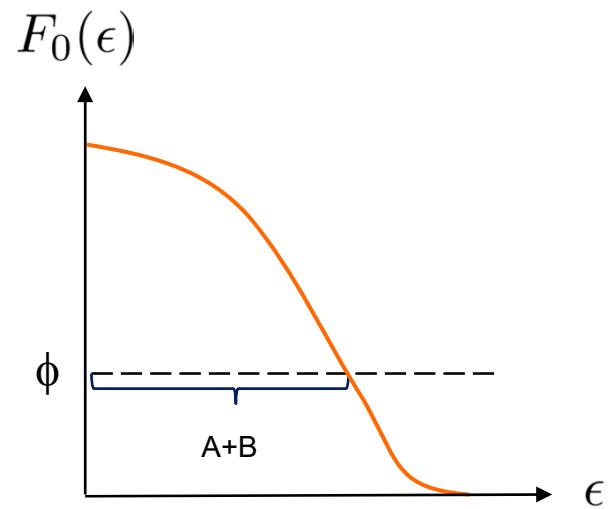
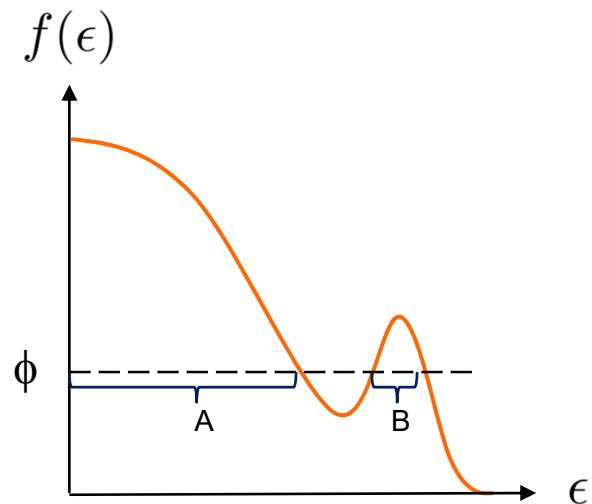
$$\frac{\partial(\sqrt{g} f)}{\partial t} + \nabla \cdot (\sqrt{g} \dot{\mathbf{x}} f) = 0,$$

$$\frac{\partial(\sqrt{g})}{\partial t} + \nabla \cdot (\sqrt{g} \dot{\mathbf{x}}) = 0$$

- What is the lowest accessible energy?

Gardner, Phys. Fluids 196

$$E = \int \epsilon f \sqrt{g} d\mathbf{x}$$





# GROUND STATE

---

- Energy minimised by  $F_0[\epsilon(\mathbf{x})]$  with  $F_0$  given by the ground-state equation

$$H[F_0(y)] = \Omega(y)$$

a nonlinear integral equation, where

$$\Omega(\kappa) = \int \Theta[\kappa - \epsilon(\mathbf{x})] \sqrt{g} d\mathbf{x}$$

$$H(\phi) = \int \Theta[f(\mathbf{x}) - \phi] \sqrt{g} d\mathbf{x}$$

- Any monotonically decreasing function of energy alone is a ground state.
- Available energy

$$A = E - E_0 = \int \epsilon(f - F_0) \sqrt{g} d\mathbf{x}$$



## EXAMPLE 1: BI-MAXWELLIAN

- For a simple Vlasov plasma

$$\Omega(\epsilon) = \int d\mathbf{r} \int_0^\infty \Theta\left(\epsilon - \frac{mv^2}{2}\right) 4\pi v^2 dv = \frac{4\pi V}{3} \left(\frac{2\epsilon}{m}\right)^{3/2}$$

- Bi-Maxwellian initial condition

$$f(\mathbf{v}) = M e^{-\frac{mv_\perp^2}{2T_\perp} - \frac{mv_\parallel^2}{2T_\parallel}} \quad M = n \left(\frac{m}{2\pi\bar{T}}\right)^{3/2} \quad \bar{T} = T_\perp^{2/3} T_\parallel^{1/3}$$

$$n(\mathbf{r}) = \int f d\mathbf{v}, \quad T(\mathbf{r}) = \frac{2}{3n} \int \epsilon f d\mathbf{v} = \frac{2T_\perp + T_\parallel}{3}$$



## BI-MAXWELLIAN, CONT'D

- Level curve  $f(\mathbf{v}) = \phi$  is an ellipsoid in velocity space

$$f(\mathbf{v}) = M e^{-\frac{mv_\perp^2}{2T_\perp} - \frac{mv_\parallel^2}{2T_\parallel}} = \phi$$

enclosing the volume

$$H(\phi) = \frac{4\pi V}{3} \left( \frac{2\bar{T}}{m} \ln \frac{M}{\phi} \right)^{3/2}$$

- Ground-state equation becomes

$$\frac{4\pi V}{3} \left( \frac{2\bar{T}}{m} \ln \frac{M}{F_0} \right)^{3/2} = \frac{4\pi V}{3} \left( \frac{2\epsilon}{m} \right)^{3/2} \Rightarrow F_0(\epsilon) = M e^{-\epsilon/\bar{T}}$$



## NOTA BENE

---

- The bi-Maxwellian is an equilibrium state but not a ground state.
- The ground state is Maxwellian although we have neglected collisions.
- The available energy is always positive:

$$A = \frac{3nV}{2} (T - \bar{T}) \geq 0$$



## EXAMPLE 2: MAXWELLIAN

---

- Now choose

$$f(\mathbf{r}, \mathbf{v}) = n(\mathbf{r}) \left( \frac{m}{2\pi T(\mathbf{r})} \right)^{3/2} e^{-mv^2/2T(\mathbf{r})}$$

$$n(\mathbf{r}) = \langle n \rangle [1 + \nu(\mathbf{r})]$$

$$T(\mathbf{r}) = \langle T \rangle [1 + \tau(\mathbf{r})]$$

so that

$$E = \frac{3V}{2} \langle n \rangle \langle T \rangle \langle 1 + \nu\tau \rangle$$

- If  $\nu \sim \tau \ll 1$ , then after some algebra we find

$$\frac{A}{E} = \left\langle \frac{\nu^2}{3} + \frac{\tau^2}{2} \right\rangle$$



# CONSERVED QUANTITIES

---

- If there is a conserved quantity,  $\mu$ , use phase-space coordinates

$$\mathbf{x} = (\mathbf{z}, \mu)$$

- Then for each  $\mu$ , the ground-state equation is as before

$$H [F_0(\epsilon, \mu), \mu] = \Omega(\epsilon, \mu)$$

where

$$H(\phi, \mu) = \int \Theta[f(\mathbf{z}, \mu) - \phi] \sqrt{g} \, d\mathbf{z}$$

$$\Omega(w, \mu) = \int \Theta[w - \epsilon(\mathbf{z}, \mu)] \sqrt{g} \, d\mathbf{z}$$

- Any distribution function depending only on  $\epsilon$  and  $\mu$  is a ground state if

$$\left( \frac{\partial F_0}{\partial \epsilon} \right)_\mu \leq 0$$



# MAGNETIC-MOMENT CONSERVATION

---

- The density and temperature of ground states are in general not constant if  $B = |\mathbf{B}|$  varies

$$\binom{n}{T} = \pi B \left(\frac{2}{m}\right)^{3/2} \int_0^\infty \left(\frac{1}{\frac{2\epsilon}{3n}}\right) d\epsilon \int_0^{\epsilon/B} \frac{F_0(\epsilon, \mu) d\mu}{\sqrt{\epsilon - \mu B}}$$

- Spontaneous peaking of the density and temperature profile may be expected.



# PARALLEL ADIABATIC INVARIANT

---

- If fluctuation frequencies  $\ll$  bounce frequency, the second adiabatic invariant is conserved

$$J = \int mv_{\parallel} dl = \text{constant}$$

- Ground states:

$$\left( \frac{\partial F_0}{\partial \epsilon} \right)_{\mu, J} \leq 0$$

- Now suppose **B** traces out flux surfaces,  $\psi$ , and

$$F_0 = f_M(\psi, \epsilon) = n(\psi) \left[ \frac{m}{2\pi T(\psi)} \right]^{3/2} e^{-\epsilon/T(\psi)}$$



# GROUND-STATE CRITERION

- Now

$$\left( \frac{\partial f_M}{\partial \epsilon} \right)_{\mu, J} = \left( \frac{\partial f_M}{\partial \psi} \right)_\epsilon \left( \frac{\partial \psi}{\partial \epsilon} \right)_{\mu, J} - \frac{f_M}{T} = \frac{f_M}{T} \left( \frac{\omega_*^T}{\bar{\omega}_d} - 1 \right)$$

where

$$\omega_* = \frac{T}{q} \frac{d \ln n}{d \psi} \quad \omega_*^T = \omega_* \left[ 1 + \eta \left( \frac{\epsilon}{T} - \frac{3}{2} \right) \right] \quad \eta = \frac{d \ln T / d \psi}{d \ln n / d \psi}$$

$$\omega_d = \mathbf{v}_d \cdot \nabla \alpha \quad \bar{\omega}_d = \overline{\mathbf{v}_d \cdot \nabla \alpha}$$

$$\mathbf{B} = \nabla \psi \times \nabla \alpha$$

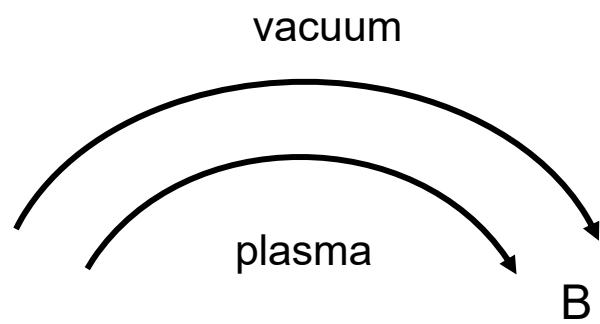
- Ground state if, for all orbits,

$$\frac{\omega_*^T}{\bar{\omega}_d} < 1$$



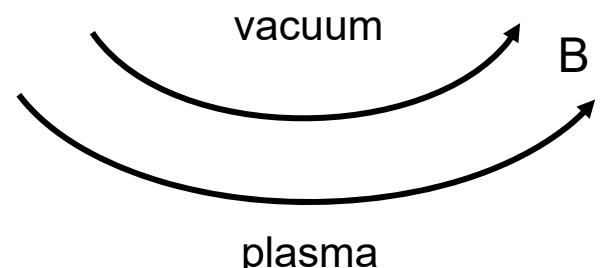
# PRECESSION FREQUENCY

- The precession frequency is geometry-dependent.
  - related to average magnetic curvature



$$\omega_* \bar{\omega}_d > 0$$

bad curvature



$$\omega_* \bar{\omega}_d < 0$$

$$\frac{\partial J}{\partial \psi} < 0$$

good curvature

- Tokamak
  - bad curvature on the outboard side
  - good on the inboard side
  - cannot satisfy

$$\frac{\omega_*^T}{\bar{\omega}_d} < 1$$



## TWO KINDS OF GROUND STATES

---

There are two ways of satisfying the ground-state criterion

$$\frac{\omega_*^T}{\bar{\omega}_d} < 1$$

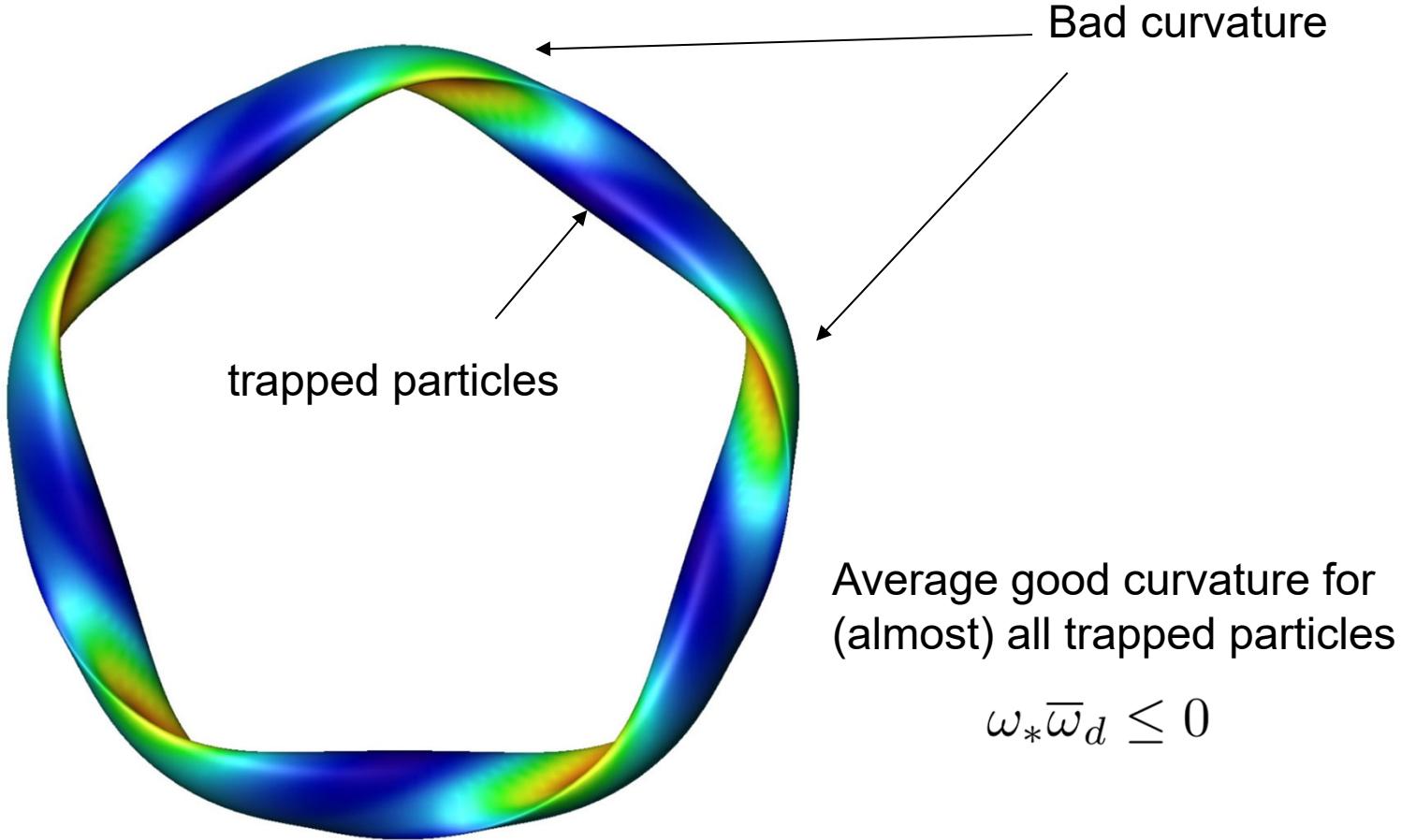
Either

$$\omega_* \bar{\omega}_d \leq 0, \quad 0 \leq \eta < \frac{2}{3}$$

or

$$0 < \frac{\eta \omega_*}{\tilde{\omega}_d} < 1, \quad \eta > \frac{2}{3}$$

# FIRST POSSIBILITY: WENDELSTEIN 7-X





# PHYSICAL PICTURE

---

- In a device such that

$$\frac{\partial J}{\partial \psi} < 0$$

it costs energy to move a particle radially outward:

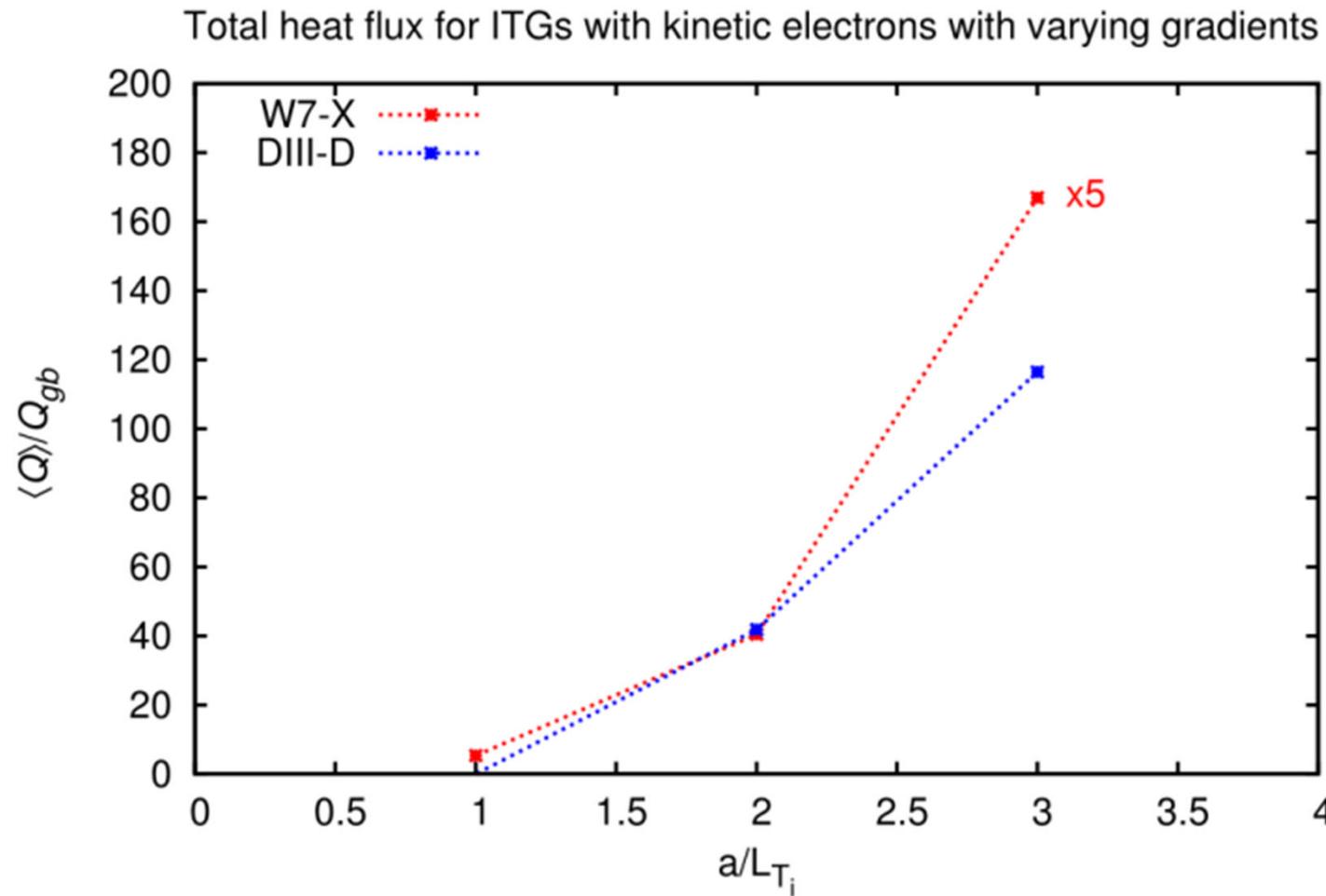
$$\Delta J = \frac{\partial J}{\partial \psi} \Delta \psi + \frac{\partial J}{\partial E} \Delta E \quad \Rightarrow \quad \Delta E = -\frac{\partial J / \partial \psi}{\partial J / \partial E} > 0$$

Linear density-gradient-driven instabilities are then absent.

Rosenbluth (Phys Fluids 1968); Proll, Helander, Connor and Plunk (PR)



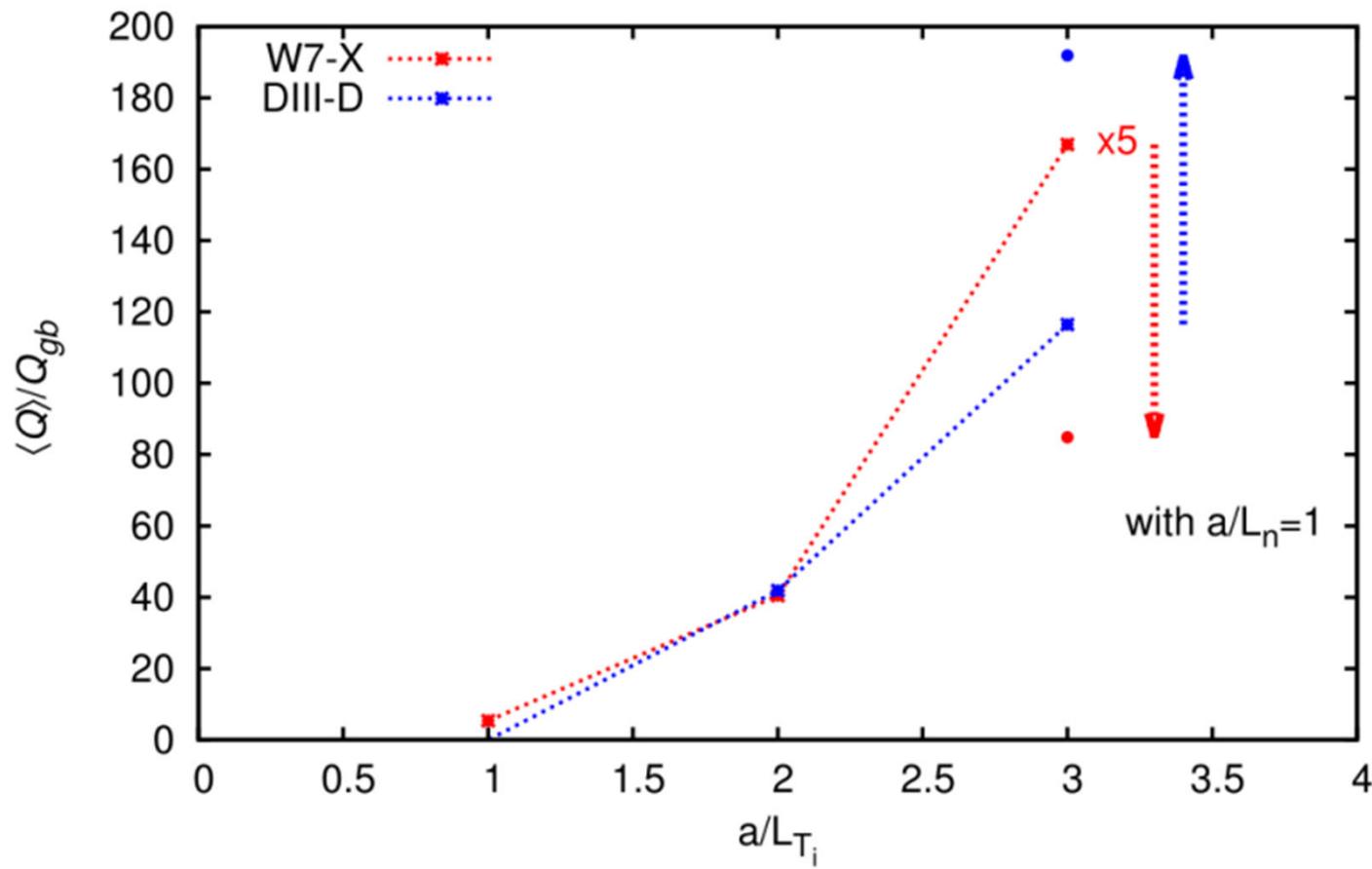
# NONLINEAR GK SIMULATIONS (PROLL)





# NONLINEAR GK SIMULATIONS (PROLL)

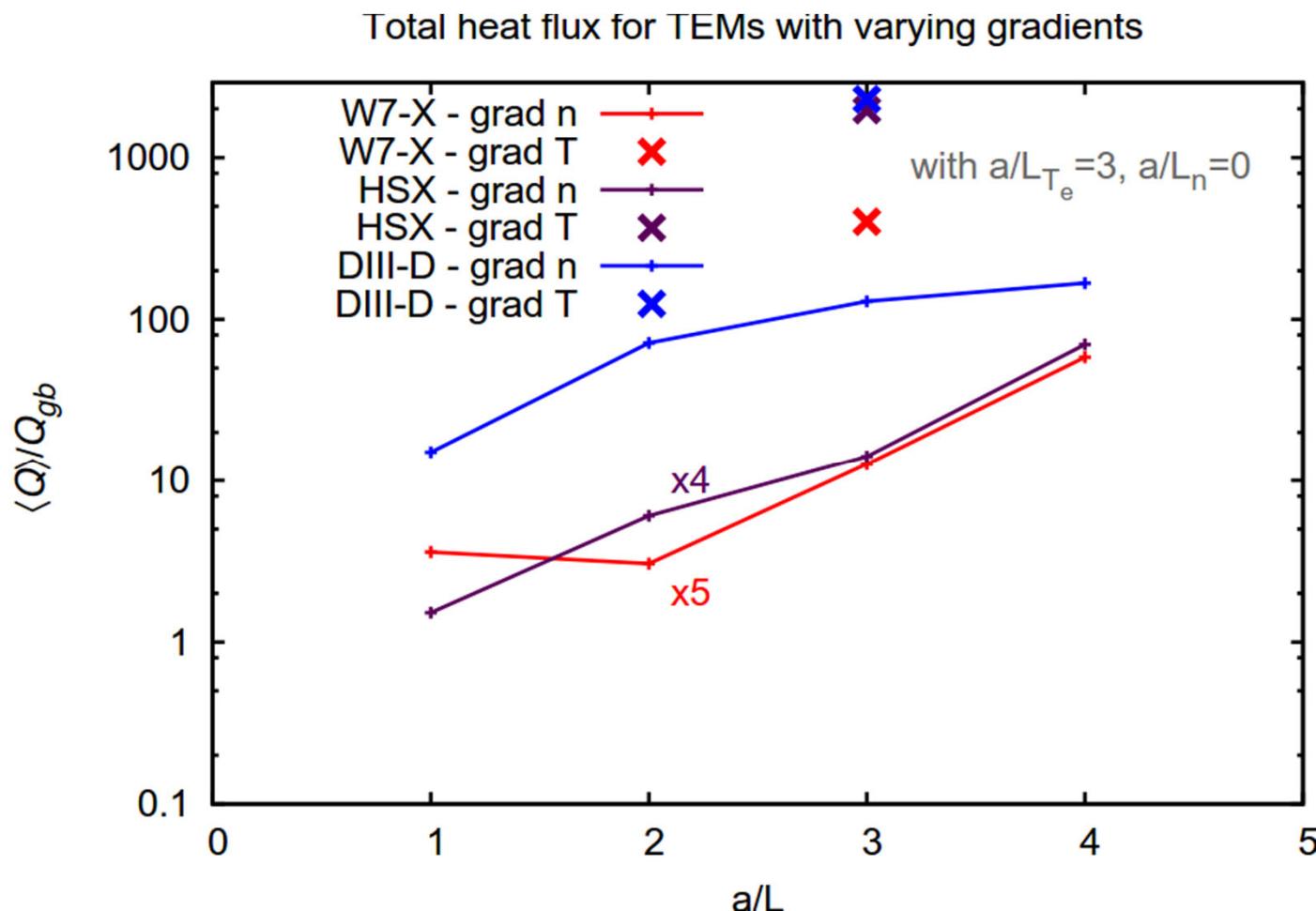
- Effect of density gradient on ITG transport:





# NONLINEAR GK SIMULATIONS (PROLL)

- Transport from density-gradient turbulence remarkably low.





# AVAILABLE ENERGY OF A FLUX SURFACE

---

- Ground-state:

$$\left( \frac{\partial F}{\partial \epsilon} \right)_{\mu, J} = -\frac{f_M}{T} \left| \frac{\omega_*^T}{\bar{\omega}_d} - 1 \right|$$

- Available energy:

$$A = \frac{4\pi}{m^2} \int \epsilon(f_M - F) d\psi dJ d\psi d\alpha$$

- Can be evaluated by expanding

$$f_M(\psi, \mu, J) = f_M(\psi_0, \mu, J) + \frac{\partial f_M}{\partial \psi}(\psi - \psi_0) + \dots$$

$$\epsilon(\psi, \mu, J) = \epsilon(\psi_0, \mu, J) + \frac{\partial \epsilon}{\partial \psi}(\psi - \psi_0) + \dots$$

$$F(\psi, \mu, J) = F(\psi_0, \mu, J) + \frac{\partial F}{\partial \psi}(\psi - \psi_0) + \dots$$



# AVAILABLE ENERGY OF A FLUX SURFACE

- Result:

$$A = \frac{4e^2}{3T} (\Delta\psi)^3 V'(\psi) \int_{\text{tr.}} f_M \bar{\omega}_d^2 h \left( \frac{\omega_*^T}{\bar{\omega}_d} - 1 \right) d^3v$$

$$h(x) = x\Theta(x)$$

- Scales as

$$A_e \sim n T_e \cdot \frac{f_T (\Delta r)^2}{L_n R}$$

- If the ions are not subject to J-conservation

$$A_i \sim n T_i \left( \frac{\Delta r}{L_n} \right)^2 > A_e$$

- Can expect ion-driven instabilities (e.g. Connor, Plunk and Helander, JPP 2017).



## TWO KINDS OF GROUND STATES

---

There are two ways of satisfying the ground-state criterion

$$\frac{\omega_*^T}{\bar{\omega}_d} < 1$$

Either

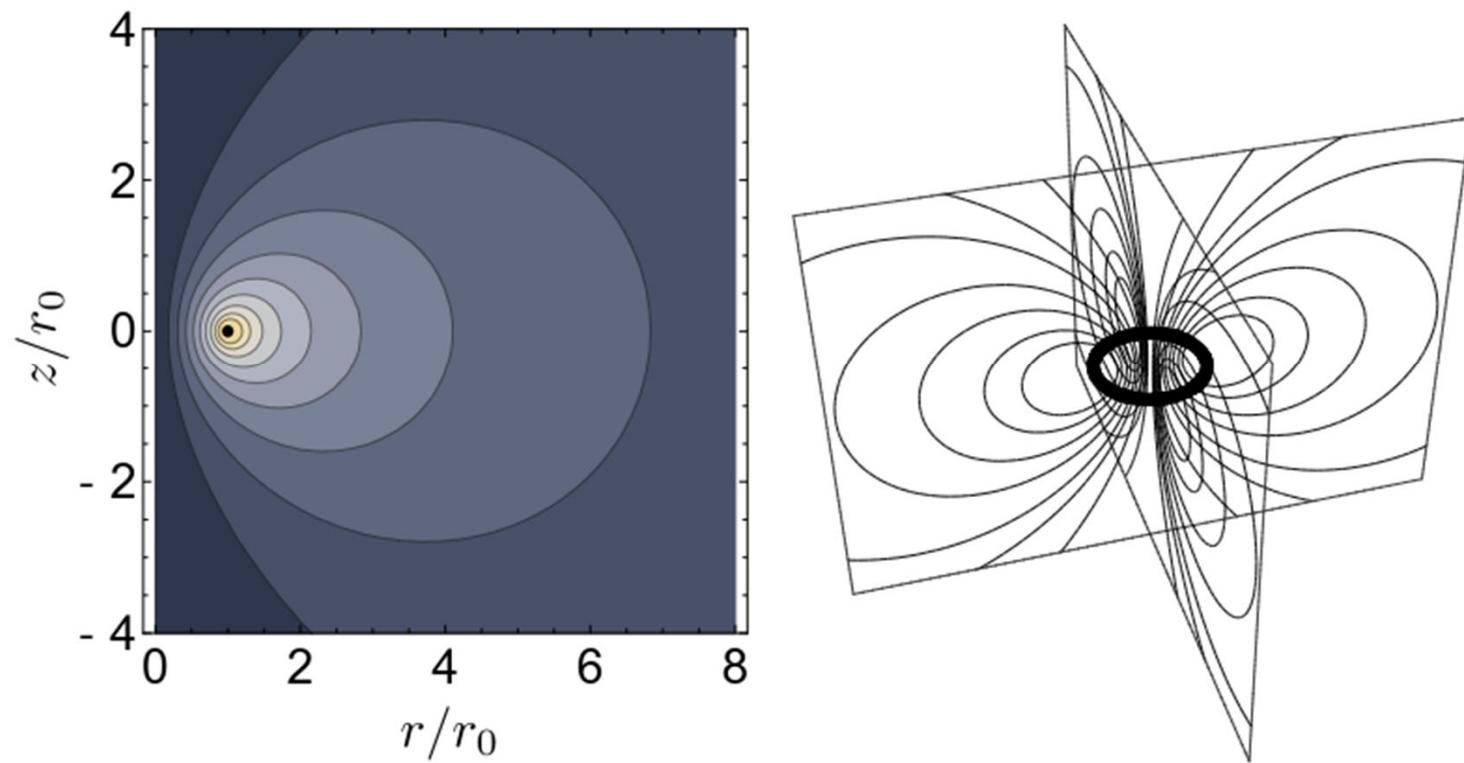
$$\omega_* \bar{\omega}_d \leq 0, \quad 0 \leq \eta < \frac{2}{3}$$

or

$$0 < \frac{\eta \omega_*}{\tilde{\omega}_d} < 1, \quad \eta > \frac{2}{3}$$



## 2ND CASE: CONFINEMENT BY A LEVITATED COIL





# POINT DIPOLE LIMIT

---

- In a point magnetic dipole,

$$\mathbf{B} = \nabla\psi \times \nabla\alpha \quad \psi = \frac{M}{r} \sin^2 \theta, \quad \alpha = \text{toroidal angle}$$

- The precession frequency is, as a function of  $\lambda = \mu/\epsilon$

$$\omega_d(\lambda) \geq \omega_d(\lambda = 0) = \frac{2\epsilon}{q\psi}$$

- The stability criterion becomes

$$\frac{2}{3} \frac{d \ln n}{d \ln \psi} < \frac{d \ln T}{d \ln \psi} < 2$$



# FINITE-RADIUS COIL

Two regions separated by the flux surface on which  $n$  and  $T$  peak:

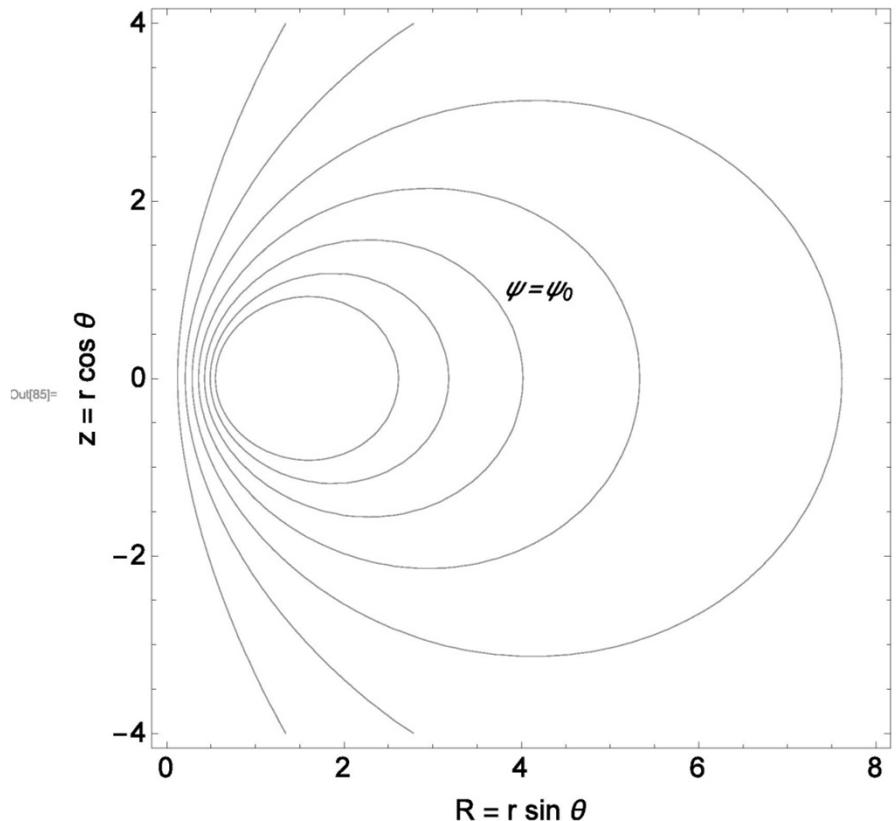
- Outer region:
  - bad curvature

$$\frac{\eta\omega_*}{\tilde{\omega}_d} < 1, \quad \eta > \frac{2}{3}$$

- Inner region:
  - good curvature

$$\omega_* \bar{\omega}_d \leq 0, \quad 0 \leq \eta < \frac{2}{3}$$

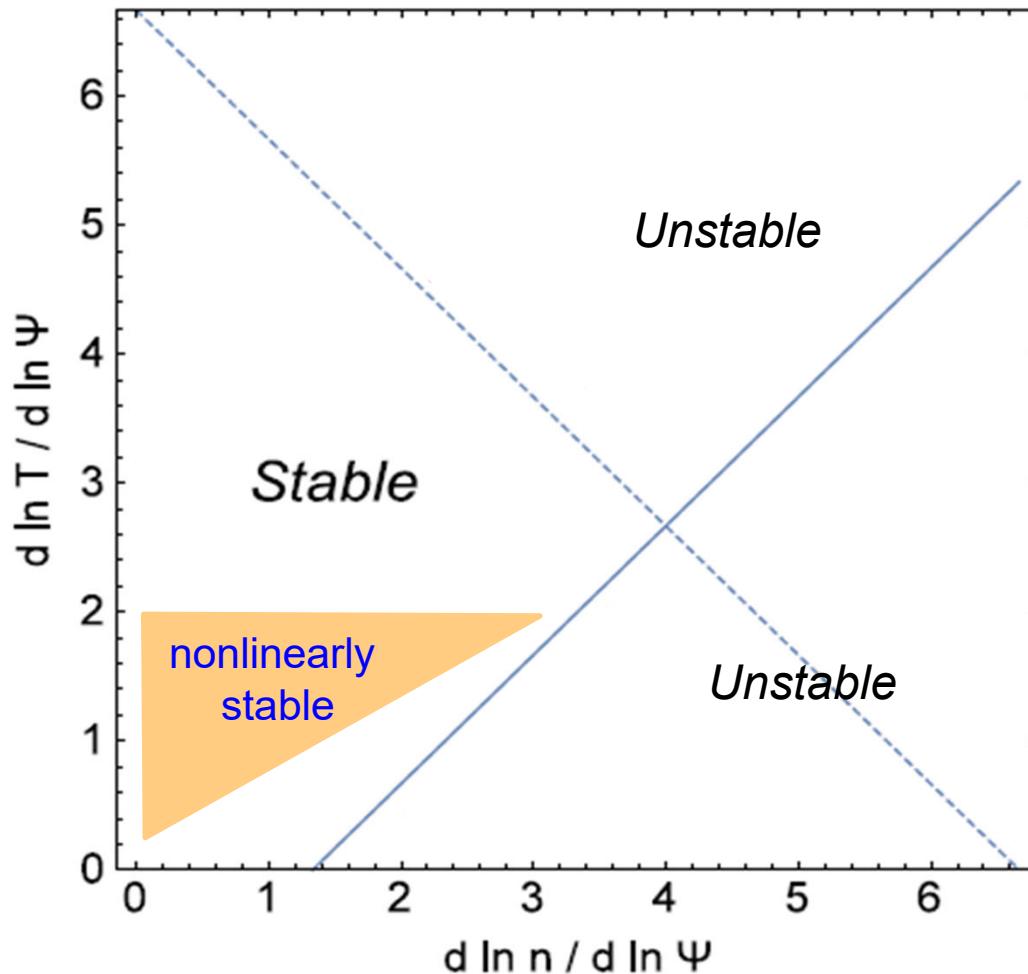
- Nonlinearly stable plasma.





# STABILITY DIAGRAM

- Linear and nonlinear stability regions





# ANALOGY: ATMOSPHERE

- Stable stratification ( $dT/dz > 0$ ) of the atmosphere occurs:
  - in the stratosphere,
  - close to the ground during temperature inversion
- No turbulence.





# SUMMARY

---

- Ground state = state of minimum energy under whatever constraints apply
- Available energy = actual energy – ground state energy
- Ground states generally inhomogeneous if adiabatic invariants are conserved.
- Two examples of confined plasmas in ground states:
  - Maximum-J devices (quasi-isodynamic stellarators)
  - Dipole plasmas
- Stable to low-frequency fluctuations of any amplitude.



# PROOF OF NONLINEAR STABILITY

- The gyrokinetic equations conserve  $W = E + \Phi$

$$E = \sum_a \frac{2\pi}{m_a} \int f_a(\mathbf{R}, \mu, v_{\parallel}) \kappa \sqrt{g} d\mathbf{x}, \quad \kappa = \mu B + \frac{m_a v_{\parallel}^2}{2}$$

$$\Phi = \int \left( \frac{|\nabla \phi|^2}{8\pi} + \sum_a \frac{m_a n_a}{2} \left| \frac{\mathbf{B} \times \nabla \phi}{B^2} \right|^2 \right) d\mathbf{r}$$

where for slow fluctuations

$$E = \sum_a \frac{4\pi}{m_a^2} \int \frac{\kappa f_a dl}{|v_{\parallel}| \tau_b} d\mu dJ d\psi \alpha = \sum_a \frac{4\pi}{m_a^2} \int \epsilon f_a d\mu dJ d\psi \alpha$$

$$\epsilon = \frac{1}{\tau_b} \int \kappa \frac{dl}{|v_{\parallel}|}$$

- Hence

$$\Phi = W - E \leq W - E_0$$



# SEVERAL PARTICLE SPECIES

---

- In general, the minimum-energy state will be different for ions and electrons.

- $\mathbf{J}$  may be conserved only for the electrons if, e.g.,

$$k_{\parallel} v_{Ti} \sim \omega \ll k_{\parallel} v_{Te}$$

- Quasineutrality adds new constraint.
- Simplest case: turbulence with adiabatic electrons
  - density profile cannot change
  - with no other constraints, the distribution function of each species is of the form

$$f_{a0}(\mathbf{x}) = F_{a0}[\epsilon(\mathbf{r}, \mathbf{v}) + \kappa(\mathbf{r})]$$



# DENSITY CONSTRAINT

---

- These ground states have constant density.
  - The distribution function depends on energy alone.
- But sometimes, the density profile is fixed
  - e.g. in turbulence with adiabatic electrons
- Minimisation of energy subject to this constraint gives

$$f_0(\mathbf{r}, \mathbf{v}) = F_0[\epsilon(\mathbf{r}, \mathbf{v}) + \kappa(\mathbf{r})]$$

- e.g., an isothermal Maxwellian:

$$f_0 = n(\mathbf{r}) \left( \frac{m}{2\pi T} \right)^{3/2} e^{-\frac{mv^2}{2T}}, \quad T = \text{constant}$$

- General problem: given an initial state, calculate  $F_0$  and  $\kappa$ .



## GROUND-STATE EQ. WITH DENSITY CONSTRAINT

---

Given an initial state, e.g.,

$$f(\mathbf{r}, \mathbf{v}, 0) = M(\mathbf{r})e^{-\frac{mv^2}{2T(\mathbf{r})}}$$

the ground state

$$f_0(\mathbf{r}, \mathbf{v}) = F_0[\epsilon(\mathbf{r}, \mathbf{v}) + \kappa(\mathbf{r})]$$

is determined by two nonlinear integral eqs:

$$\int F_0[\epsilon + \kappa(\mathbf{r})]d\mathbf{v} = n(\mathbf{r})$$

$$\int [w(F_0) - \kappa(\mathbf{r})]^{3/2} \Theta[w(F_0) - \kappa(\mathbf{r})] d\mathbf{r} = \int \left[ T(\mathbf{r}) \ln \frac{M(\mathbf{r})}{F_0} \right]^{3/2} \Theta[M(\mathbf{r}) - \phi] d\mathbf{r},$$

for  $\kappa(\mathbf{r})$  and  $w(F_0)$ , the inverse of  $F_0$ .



## AVAILABLE ENERGY WITH DENSITY CONSTRAINT

---

If the initial state has small density and temperature variations

$$n(\mathbf{r}) = \langle n \rangle [1 + \nu(\mathbf{r})]$$

$$T(\mathbf{r}) = \langle T \rangle [1 + \tau(\mathbf{r})]$$

And the density is required to stay constant the available energy becomes

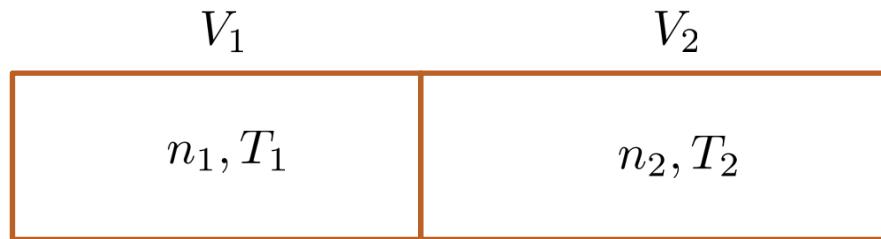
$$\frac{A}{E} = \left\langle \frac{\tau^2}{2} \right\rangle$$

In general the available energy from temperature variations however depends on the density profile.



# MIXING OF HOT AND COLD PLASMA

- Hot plasma expanding into a cold one:



- If density evolution is unconstrained and  $T_2 \ll T_1$

$$A = E - E_0 = E \left[ 1 - \left( \frac{V_1}{V_1 + V_2} \right)^{2/3} \right]$$

- If density cannot change and  $n_2 = 0$

$$A = 0$$